

Hey, workaholics: Take some time to relax ... or else!

1) Sometimes, a good hammock intervention is just necessary. So in honor of this just-past Father's Day, let's bring the leisure hammer squarely down on dear ol' Dad in all his necktied uptightness.



If Dad's a big guy, you'll be especially glad to own a quality hammock. You'll also need plenty of duct tape, and reinforcements – invite the neighbors! Next, coax, or con, Dad into getting near the hammock; then on cue, everybody rush him, "assisting" him into proper relaxation position. Designated tapers should now spring into action, wrapping rapidly. Dad is sure to go off like a siren, but remember: It's for his own good. Anyway, a little accidental hair removal never hurt anybody. Much.

staging an effective hammock intervention



2) At first he'll think it's all a bad joke. "OK, I should relax more, I get it," he'll say, not getting it at all. "Ha, ha, very funny. Now, I'm *extremely* busy, so lemme up!"



4) Once reality sets in, expect renewed hollering, pleading, etc. Do not, however, give into temptation and duct-tape Dad's mouth; police may arrive and arrest you for this, a real intervention-buster. Just let Dad holler a bit, the big baby. He'll give out.



3) As the tape web grows, Dad'll start to get a clue. Best, then, to bind hands and feet early ...



5) Some tweaking of duct tape may be necessary. Or if not necessary, then at least, y'know, fun. However, getting any kids involved to appreciate that at some point no more tape is needed may prove tricky. "Sweetie, Daddy really can't escape now, so you can stop wrapping him! I mean, the more you add, the more we have to cut off ... Sweetie, I said stop now, OK? Oh, no, not in his hair! He hasn't got all that much, and it might not grow back!"



7) Sweet, sweet relaxation! Dad has given in, and given out. All hail the mighty hammock!

6) Sometimes a little "encouraged" hammock time is actually all it takes. Dad smiles; relaxation happens. All hail the mighty hammock!



6A) Of course, sometimes you're faced with that particularly ornery Type A pater familias who isn't going to let go of his precious stress without a prolonged fight. Other measures will be necessary. If there's a child whom Dad has recently scolded for something, hand that kid a water hose, equipped with an adjustable spray nozzle. The "jet" setting will settle Mr. Too Busy Right Now right down, for sure.

The HammockSource does not advocate anyone actually trying any of this silliness. But should you elect to go all leisure commando anyway, please note that we accept no responsibility for dirty words hollered in front of children, and will not pay for new shoes, Rogaine, family therapy or the dry-cleaning of silk ties. For help with any other hammock business, please contact Frank Rabey toll-free at (800) 334-1078, Ext. 241, or at frabey@thehammocksource.com. Happy relaxing!

